



MPhil, PhD and MD Handbook

Academic year 2025-26

Contents

Welcome from the Faculty Associate Dean (Doctoral College).....	2
Key Contacts.....	3
1. Annual Re-registration.....	8
1.1 Registration of returning PGRs.....	9
1.2 Registration periods.....	9
1.3 Student Records.....	10
2. Fees and Payments.....	10
2.1 Tuition fees.....	11
2.2 Maintenance/Stipend payments.....	11
2.3 Accommodation.....	11
2.4 Completing (Writing up) fees.....	12
2.5 Re-Submission fees.....	12
2.6 Printing.....	12
2.7 Funding Opportunities.....	13
3. The Doctoral College and Governance.....	13
3.1 The Doctoral College.....	14
3.2 Governance.....	14
4. Feeding back on your experience.....	15
4.1 Postgraduate Researcher Engagement forum.....	16
4.2 The Postgraduate Research Experience Survey.....	16
4.3 Have your Say.....	16
5. Starting your research degree.....	16
5.1 Induction.....	17
5.2 Desk space and local facilities.....	18
6. Supervision.....	18
6.1 Supervisory arrangements.....	19
6.2 What are your responsibilities as a PGR?.....	19
6.3 Regular meetings.....	19
6.4 Annual leave.....	23
6.5 Supervisor meeting FAQs.....	23
6.6 Fieldwork and Overseas Travel.....	25
7. Research Integrity and Ethics.....	26

7.1 Avoiding common pitfalls.....	30
7.1.1 Plagiarism.....	30
7.1.2 Copyright infringement.....	30
7.1.3 Data Storage.....	31
7.1.4 Health and Safety.....	32
7.1.5 Authorship of papers and other outputs.....	32
7.1.6 Considerations when choosing a journal for publication.....	33
7.1.7 Confidentiality and commercialisation.....	34
7.2 Research Ethics.....	34
8. Researcher Training and Development.....	35
8.1 Researcher Development Programme.....	36
8.2 Identifying your training needs.....	37
8.3 Writing development and support.....	38
8.4 Your Career Development – Employability & Engagement.....	39
8.5 Central Space for Postgraduate Research Students.....	41
8.6 Discipline-specific training.....	41
8.7 The PGR Conference.....	42
8.8 Teaching opportunities.....	42
9. Progress Monitoring.....	43
9.1 Mid-year and Annual progress review.....	44
9.2 The second year (FT) and fourth year review (PT).....	45
9.3 Outcomes of reviews and unsatisfactory academic progress.....	45
10. Confirmation of Registration.....	46
10.1 What is confirmation?.....	47
10.2 When does Confirmation occur?.....	48
10.3 Who will my Assessors be?.....	48
10.4 What do I need to do for the report?.....	48
10.5 Confirmation Outcome(s).....	49
11. Extenuating Circumstances.....	50
12. Completing Status.....	51
13. Changes to registration.....	54
13.1 Temporary withdrawal and sick pay.....	56
13.2 Extension to registration.....	58
13.3 Other changes to registration.....	58

14. Thesis submission and the viva voce examination.....	59
14.1 Stage 1: Entry Form for Examination.....	60
14.2 Stage 2: Approval of nominated examiners.....	61
14.3 Stage 3: Thesis submission for examination.....	61
14.4 Stage 4: Viva voce examination.....	64
14.5 Stage 5: Decision.....	65
14.6 Stage 6: E-thesis deposit.....	66
14.7 Stage 7: Award.....	66
14.8 Stage 8: Graduation.....	67
15. Other sources of advice and support.....	68
15.1 The University Library.....	68
15.2 The Postgraduate Society.....	69
15.3 The Students' Union.....	69
15.4 Disability and Neuroinclusion.....	70
15.5 MySurrey Hive.....	71
15.6 Health and Wellbeing.....	71
16. Making an appeal or complaint.....	73
Appendix 1: Student Policies and Regulations.....	74
Appendix 2: Dual Degree programmes.....	75
Appendix 3: PGR Lifecycle Diagram.....	75

Welcome from the Faculty Associate Dean (Doctoral College)

Welcome to the Faculty of Health and Medical Sciences Doctoral Community

Our Faculty undertakes a broad and internationally recognised programme of research across health, biomedical, psychological, veterinary, and clinical sciences, spanning fundamental and applied research, as well as translational impact. This work supports the University of Surrey's Vision 2040, which places research and innovation at the centre of addressing global challenges and improving lives. Our work is strengthened through collaboration with charities, industrial partners, government bodies, the NHS, and other stakeholders, supporting effective knowledge exchange and real-world impact.

Doctoral candidates across the Faculty play a central role in advancing our research and impact ambitions, contributing original knowledge, methodological innovation, and critical insight that shape future directions within academia, healthcare, animal health, and wider society. Our doctoral environment is collaborative, interdisciplinary, and inclusive, fostering intellectual curiosity, integrity, and high-quality, responsible research and professional practice in line with UKRI requirements and relevant regulatory standards.

The Faculty and the Doctoral College are committed to supporting your development as an independent researcher and, where appropriate, as a practitioner-researcher, through high-quality supervision, tailored training and development opportunities, and a strong research culture that values equality, diversity, inclusion, and wellbeing.

We look forward to working with you and supporting you throughout your doctoral journey.

Professor Kathrin Cohen Kadosh

Associate Dean (Doctoral College)
Faculty of Health and Medical Sciences
University of Surrey

Key Contacts

University Level contacts

Doctoral College enquiries (general queries and signposting)	doctoralcollege@surrey.ac.uk
Researcher Development & Careers and Employability enquiries (Researcher Development and Employability team)	rdp@surrey.ac.uk
Open Research	openresearch@surrey.ac.uk

Faculty Level contacts

Associate Dean (Doctoral College)	Prof Kathrin Cohen Kadosh ADDC-FHMS@surrey.ac.uk
Research Degrees Programme Management Team	Emma Proctor e.proctor@surrey.ac.uk Renata Richardson r.richardson@surrey.ac.uk researchdegrees@surrey.ac.uk
Faculty Training Officer (Researcher Development and Employability team)	rdp@surrey.ac.uk
Health & Safety support enquiries	FHMSHealthandSafety@surrey.ac.uk

Local Level (School/Department) contacts

Name	Position	Email address
Prof Jonathan Johnston	PGR Director, School of Biosciences	j.johnston@surrey.ac.uk
Dr Lindsay Broadbent	PGR Director, Microbes-Infection-Immunity	l.broadbent@surrey.ac.uk

Dr Kath Hart	PGR Director, Nutrition-Exercise-Chronosleep	k.hart@surrey.ac.uk
Dr Lisiane Meira	PGR Director, Clinical Sciences	l.meira@surrey.ac.uk
Dr Martin Whyte	PGR Director, Doctor of Medicine Programmes	m.b.whyte@surrey.ac.uk
Dr Kimberly Smith	PGR Director, School of Psychology (Psychology and Health Psychology programmes)	kimberley.j.smith@surrey.ac.uk
Dr Ioannis Smyrnias and Dr Susan Armstrong	PGR Directors, School of Veterinary Medicine	VETSCHOOLPGRD@surrey.ac.uk
Dr Freda Mold and Dr Jenny Harris	PGR Directors, Department of Health Sciences	freda.mold@surrey.ac.uk jen.harris@surrey.ac.uk

Student Representatives

Find out who your postgraduate researcher student representatives are [here](#).

A bit about Postgraduate Researcher Course Reps

A Course Representative (Course Rep) is an elected PGR who volunteers to gather feedback from their peers and voices it to the University. They provide a direct way for PGRs to communicate their diverse range of opinions to the staff who deliver their university experience. Any student can stand to be the Course Rep for their research area, and all PGRs will be represented by at least one Course Rep. The Students' Union will run training for Course Reps and provide support, reward, and recognition.

WHAT DO COURSE REPS DO?

1. Research student opinion – Reps will encourage their fellow PGRs to engage in discussions about their academic and social university experiences, and promote the opportunity to share feedback, ideas, and questions to the University through the Course Rep scheme and the wider Students' Union, whether the feedback is positive or about something that needs changing.
2. Represent students – Reps attend Faculty-level meetings held by the University to give voice to more complex issues requiring collective discussion with staff, along with working closely with Doctoral College staff to achieve positive changes for PGRs.

3. Report back – Finally, Reps will let PGRs know what has happened because of their feedback! This will help the PGR community see the value in sharing their opinions with their Rep to the University.

WHY ARE REPS IMPORTANT?

Representation is a core part of the Students' Union. The collaboration between Course Reps, the Union, and University staff leads to big changes both in individual research areas and across the University as a whole. It's also vital that students take the lead in their academic experiences and shape the University now and for the future. Reps are a core part of the student feedback structure at the University, and student-led representation is at the heart of the Students' Union and Doctoral College.

WHAT ARE THE BENEFITS FOR REPS?

Being a Course Rep is a fantastic way to boost your **employability**, assertiveness, and communication skills. Having a leadership role with formal committee experience on your CV when you leave university is going to help you stand out from the crowd and help you to develop qualities you'll need when you leave Surrey or progress further into academia. You will gain practice you'll have in public speaking and negotiation from attending Faculty-level meetings and representing your cohort. As a Course Rep, you'll also receive:

- Chances to win awards, including Rep of The Month
- Resources, freebies, and training
- Improve your employability
- Logging volunteer hours
- Access to other opportunities, e.g. workshops and focus groups

HOW CAN YOU GET INVOLVED?

Become a PGR Rep! Elections take place each year following the Sep/Oct induction, and when elections take place, you will be asked to complete a nomination form. Once you have submitted your nomination form, your nomination will be processed, and if needed, a vote will be arranged for the PGRs you'd represent to decide on who is elected to be the Course Rep. You will then be notified that you have been elected, and you will be registered with us here at the Students' Union to contact you to complete Course Rep Training!

The time commitment to be a Rep isn't as much as you might think. Many Reps easily balance their responsibilities alongside their research and other voluntary roles. You'll need to ensure you have the time to attend your faculty-level meetings – these are the core responsibility to the role. You can expect to attend six – eight meetings per year. The rest of your role will be less time-demanding – chatting to your peers to gather and escalate student feedback, and to update them on the results of your meetings.

Information on how to become a Course Representative can be found on the '[Become a Postgraduate Research Rep](#)' page.

If becoming a Rep isn't for you, please still stay involved by chatting to your Rep, sharing your feedback with them, and get in touch with the Students' Union if you have any further questions.

Find out more from the [Student's Union website](#). This is updated following the PGR Rep elections which

happen each October - November.

Key Sources of Information

PGRs (Postgraduate Researchers) should familiarise themselves with the following key resources:

- **Doctoral College PGR Information Centre**

The DC SharePoint site is your central hub for essential information and resources tailored for PGRs, Supervisors, Examiners, and Staff. It provides details on:

- studentships and funding opportunities
- information on professional development
- guidance on registration changes.

In addition, you'll find a comprehensive collection of guidance documents, essential forms, and other key resources, all in one convenient location.

[Doctoral College PGR Information Centre - Home](#)

- **Surrey Self-Service**



Surrey Self-Service provides PGRs with their programme details, including completed milestones. It is also where PGRs:

- log monthly supervision meetings
- request any changes to registration
- book training & development workshops offered by the Doctoral College

Log into Surrey Self-Service via the [MySurrey Research hub](#). Once you are logged into Surrey Self-Service,

click on **Research programme details**



Look out for the plus symbol on the main banner as the link may be in the drop-down menu.

Full-time PGRs can produce council tax exemption letters through [Surrey Support](#)

under the **Letters** tab. Please note that part-time PGRs are NOT eligible for council tax exemption.

- **University of Surrey | MySurrey**

The **Research** area of MySurrey website has links to:

- The Regulations for Research Degrees
- The Code of Practice for Research Degrees

- Guidance documents under the Useful Documents tab to help you complete your monthly supervisory meetings, request changes to registration and sign-up to workshops
- Important information for PGRs studying on a student visa

MySurrey Support pages also provide information on [Wellbeing](#), financial advice under the [Money](#) section.

- **SurreyLearn**

SurreyLearn is the University's Virtual Learning Environment (VLE). The Doctoral College Common Room links through to each Faculty's own area for PGRs where you will find School/Departmental guidance on the Confirmation Report. The assignment area of SurreyLearn is used by some Faculties for the purpose of uploading the confirmation report and an electronic copy of the soft-bound thesis.

- **University Email (@surrey.ac.uk)**

Your University email address is the primary method of communication. PGRs MUST ensure they check this account on a regular basis. Final year PGRs should note that this email account is closed 90 days following the award of the degree.

1. Annual Re-registration

1.1 Registration of returning PGRs

Each year, all PGRs enrolled with the University for an award, including those **on temporary withdrawal**, are required to formally re-register on their doctoral programme.

This formal enrolment process ensures that you are entitled to access University facilities, laboratories, and other academic related sessions; and are liable for payment of tuition fees where appropriate. You must re-register even if you have submitted your thesis for examination as you are considered enrolled until you have been officially awarded.

Over the summer, you'll receive an email to your University email account inviting you to re-register at www.surrey.ac.uk/selfservice. In a few clicks you can confirm and, if necessary, amend your details. Once completed, you will be instantly re-registered for the new academic year. **Please complete re-registration by 20th September**, particularly if you are a funded student as Finance need time to set up the October stipend payments. You will be contacted if you fail to re-register by the deadline, but ultimately if you don't re-register it will result in the termination of your studies.

Further details regarding re-registering and advice for returners, can be found here:

[Returners re-registering | MySurrey Help | University of Surrey](#)

1.2 Registration periods

It is a University requirement that all research projects can feasibly be completed within a specified timeframe. This not only ensures that your work remains current and does not lose any of its novelty, but it also means that you can move on to the next stage of your career in a timely manner. **The University expects a full-time PGR to submit their thesis for examination within 36 months, or within the funded-period, and a part-time PGR to submit within 72 months.**

We allow a maximum registration period of 48 months (full-time) and 96 months (part-time) to allow for any unforeseen circumstances that may arise and delay submission.

The maximum periods of registration are given in the table below.

Type of degree	Maximum period of registration (Full-time)	Maximum period of registration (Part-time)
MPhil	36 months	72 months

PhD	48 months	96 months
MD	36 months	72 months

Maximum registration deadlines are monitored by the Admission, Progression and Examination Subcommittee (APESC) and if PGRs fail to submit by their maximum registration deadline, it is likely that their registration with the University will be terminated. In exceptional circumstances an extension to registration may be granted, **but this is by no means guaranteed.**

1.3 Student Records

Details about all students are held on the University's SITS database, which feeds through to the information you see on Surrey Self Service (SSS). All data is stored and used in accordance with the University's student privacy notice [student privacy notice](#) and in line with the relevant UK legislation.

2. Fees and Payments

2.1 Tuition fees

Information on current PGR tuition fees can be found on the individual programme pages on the Surrey website. Should you require information on fees from earlier years contact fees and funding via [Surrey Support](#). Please find information [here](#) on the timing of tuition fee payments for postgraduate researchers.

If any tuition fees are outstanding at the end of your programme, the University will be unable to confer your award until the debt has been cleared.

2.2 Maintenance/Stipend payments

If you are in receipt of a University of Surrey or Research Council studentship which pays a maintenance grant/stipend, you will receive your monthly payment at the start of each month. In your first month at the University, the payment will be made by the end of the month following the final day for registration, if your bank details have been received and you are fully registered.

Usually once you submit your thesis you will no longer be in receipt of further maintenance payments.

Studentship queries for PGRs awarded a Doctoral College Studentship Award (DCSA), CSC scholarship awards and AHRC and ESRC funded can be addressed to the Postgraduate Research Lifecycle Systems Manager at doctoralcollege@surrey.ac.uk.

Studentship queries for PGRs who are EPSRC funded should be directed to the FEPS Faculty Studentship & Administration Manager: joanna.moore@surrey.ac.uk.

For other PGRs in receipt of maintenance paid direct from the University of Surrey, queries can be addressed to the PGRs Studentship Finance team at studentships@surrey.ac.uk.

2.3 Accommodation

If you are based in University of Surrey owned accommodation and have a query regarding your invoice for accommodation fees, please contact Surrey Support using the following link
<https://support.surrey.ac.uk/support/create-case/>

2.4 Completing (Writing up) fees

PGRs who make a request to transfer to the [Completing Status fee](#) towards the end of their programme will be invoiced in full or proportionally, according to the expected end date available when raising the invoice. Completing fees are payable per academic year with provision for partial refund as appropriate and will be reviewed at the point the thesis submission date is entered on Surrey Self-Service. The thesis submission date is the date when the electronic thesis is submitted to the Faculty Research Degrees Team.

The Student Receivables team may agree a payment plan up to your submission date. They can be reached at student-receivables@surrey.ac.uk.

2.5 Re-Submission fees

If, after your *viva voce*, you are required to re-submit your thesis for examination, you will be asked to pay a re-submission fee, please check the webpage for the latest resubmission fee information, <https://www.surrey.ac.uk/fees-and-funding/tuition-fees/additional-costs>

Payment should be made via the Surrey Online Store before your resubmission deadline: <https://store.surrey.ac.uk/product-catalogue/registry-student-services/resubmission-fees> . PGRs who wish to extend their student visa to cover a resubmission period will need to re-register before applying to extend their visa. Student Records will supply a copy of the late registration form in these cases. No tuition fee will be charged during the resubmission period. Where examiners have requested further research as part of the resubmission, the PGR's faculty may require payment of a bench fee to cover the costs of equipment/resources.

2.6 Printing

PGRs should not pay for printing when using departmental photocopiers. In the unlikely event you are charged, please contact IT via [Surrey Support](#).

2.7 Funding Opportunities

There are very few funding opportunities once a PGR is registered because there is an expectation that finances will be in place from the start of the programme however, there are some external opportunities available for enrolled PGRs. Details can be found here: <https://www.surrey.ac.uk/doctoral-college/prospective-postgraduate-researchers/fees-funding>.

The Doctoral College also pays a subscription to the **Alternative Funding Guide**, further details which can be found on [Surrey Learn](#).

Please always carefully read the information to see if you are eligible to apply.

3. The Doctoral College and Governance

3.1 The Doctoral College

The Doctoral College forms an integral part of the Pro Vice Chancellor Research and Innovation's portfolio and the University's Research Strategy. Its role is to help Postgraduate Researchers (PGRs) get the most from their time at Surrey through developing new and novel ways to build a cohesive community and research environment, providing training and development opportunities, facilitating excellent supervision, and enhancing employability skills.

The Doctoral College oversees the management of the PGR lifecycle through the Research Degrees Programme Management Team and the activities of the Researcher Development and Employability (RDE) team, which provides research and transferable skills training as well as careers and employability support.

Developing talented researchers capable of dealing with the world's future challenges and opportunities is one of the most important, and rewarding, activities we do at the University - the Doctoral College is at the heart of this.

The Associate Deans (Doctoral College) (ADs) and PGR Directors (PGRDs) lead on and support the activities of the Doctoral College at the Faculty and local (Department, School, Centre) levels. They provide hands-on management of doctoral programmes to ensure that you are well-supported and have access to the training and guidance you need to successfully complete your doctorate and prepare for your career path of choice.

3.2 Governance

There are two University-level committees with a responsibility for PGRs:

Doctoral College Board (DCB): This committee takes overall responsibility for considering and formulating University policy and strategy relating to PGRs. Student representation comes via the elected VP Voice of the Students' Union (vopvoice@surrey.ac.uk) and the Head PGR rep.

Admission, Progression and Examination Subcommittee (APESC): This subcommittee meets monthly and is responsible to the Doctoral College Board for monitoring individual PGR progress. The outcomes of your progress reviews, and any requests for changes to registration, are considered by this subcommittee. Due to individual PGR matters being discussed, it is not appropriate to have PGR representation on this subcommittee. The calendar of meetings for 2025-26 is as follows:

APESC Calendar (2025/26)

Oct	Nov	Dec	Jan	Feb	Mar
15/10/25 (1/10/25)	12/11/25 (29/10/25)	10/12/25 (26/11/25)	14/01/26 (31/12/25) *	11/02/26 (28/01/26)	11/03/26 (25/02/26)
Apr	May	June	July	Aug	Sept
22/04/26 (8/04/26)	20/05/26 (6/05/26)	17/06/26 (3/07/26)	22/07/26 (8/07/26)	No meeting	9/09/26 (26/08/26)

*University is closed from 25/12/25 – 5/1/26 so realistically sign off would need to be by 24/12/25.

The date in brackets is the date by which your supervisor and postgraduate research director must have approved the request for it to be considered at that month's APESC.

At the Faculty-level, the Faculty Research Degrees Committee (FRDC) has a responsibility for postgraduate research matters. This committee is responsible, within the context of the University policy and strategy, for considering and formulating a strategy for the Faculty relating to the development, evaluation and enhancement of research degree provision. There is a PGR representative from each Faculty on this subcommittee. The current PGR representative from the Faculty can be found in the Key Contacts section of this handbook.

4. Feeding back on your experience

4.1 Postgraduate Researcher Engagement forum

In addition to the committees mentioned above, you also have access to a Postgraduate Researcher Engagement (PEF) forum. The purpose of the forum is to discuss with PGR feedback on their learning experience. This enables the Faculty and, where appropriate, the University to make changes to better support you in your research degree. You are very much encouraged to use these meetings, or your local PGR representative, to voice any issues or concerns you may have. The outcomes of discussions at these fora are reported to the Faculty Research Degrees Committee.

4.2 The Postgraduate Research Experience Survey

The Postgraduate Research Experience Survey (PRES) is the national survey of PGRs in the UK, which gives PGRs the opportunity to share their experiences of doing a research degree. It usually runs in the Spring.

As the UK's primary national survey of PGRs, it is the only way for the University to benchmark how we are doing against other universities. The survey has led to changes and improvements in the PGR experience at Surrey, so it is important that you make your voice heard. Each School creates an action plan to help us respond to the feedback from this survey, and these are shared with you. The Doctoral College will also coordinate a central review of feedback from the PRES together with other routes for feedback, including those set out below) from the PGR community to help make improvements to PGR support at the University level.

4.3 Have your Say

In addition to the PGR Engagements forums and the PRES, there are other routes available for you to feedback your opinions to the University. For example, the Students Union runs regular events, such as Speak Week, to survey the opinions of all students including PGRs. You can also always bring your ideas to your PGR Director and the Doctoral College. These are all great ways of ensuring the right people hear your views.

5. Starting your research degree

5.1 Induction

All PGRs, regardless of start date, receive a comprehensive induction to their degree programme. The induction programme is comprised of centrally organised events, to give you an opportunity to meet the staff of the Doctoral College as well as staff from support services such as the Centre for Wellbeing, Library, Careers and Employability and the Students' Union.

The central events are complemented by local inductions, which take place at the Faculty and School/Departmental level. These induction programmes are designed to familiarise you with your local working environment, as well as provide an opportunity to meet local staff (academic and administrative), other PGRs and researchers, and receive an induction on local resources. You should be given information on any compulsory health and safety requirements and should be familiarised with local policies in your area, particularly if you are working in a laboratory setting. Supervisors are ultimately responsible for the safe working of any PGRs whom they take on. Early in the project you should be made aware of the ethical and legal framework within which your project is undertaken.

Induction Checklist

Level	Contact	Induction item
Central	Doctoral College Team	<p>Broad overview of the University</p> <p>Interactive discussion on doing a doctorate at Surrey</p> <p>Library services for PGR</p> <p>Researcher Development and Employability</p> <p>Academic writing support</p> <p>Career & employability support</p> <p>Teacher training - PG Cert in Learning & Teaching</p> <p>Promoting research</p> <p>Postgraduate Society</p> <p>Student support</p> <p>Centre for wellbeing</p> <p>Regulations and Codes of practice</p>

Faculty	Associate Dean (Doctoral College) Incl. Faculty Research Degrees Team	Programme structure (reviews, confirmation, examination) Health and safety policies Student-supervisor relationship Intellectual Property Faculty Handbooks
Departmental/ School	PGR Director	Introduction to key staff Research groups and expertise Local training provision and training requirements Applying to demonstrate/teach Desk space and use Local resources (e.g. toilets, coffee, photocopying/printing etc., equipment)
First supervision	Principal supervisor	Discuss practicalities of supervisory meetings Discuss responsibilities for recording meetings Discuss responsibilities of each team member and PGR Discuss feedback Flag any potential ethical issues <u>Discuss authorship of publications</u> Discuss any training needs Set clear targets, including training, for the first six months

5.2 Desk space and local facilities

Currently all PGRs in the Faculty should be given access to a standard University of Surrey laptop and peripherals (i.e. docking station, screen, keyboard and mouse). If specialist computing facilities are required these will need to be purchased on a case-by-case basis.

Desk space should be available for you; either your own space or shared. Your supervisor should be able to advise you on available workspace and you will need to complete mandatory safety training to be able to access campus facilities. If your research is laboratory-based then, as well as complying with all relevant health and safety and ethical requirements, you will need to become familiar with any local rules and procedures. Your supervisor should make these clear to you before you start. You can also contact your local School administration team.

6. Supervision

6.1 Supervisory arrangements

All PGRs should expect to be supervised by a team comprised of one Principal Supervisor and at least one Co-supervisor. PGRs who are working under a collaborative agreement with another organisation will be allocated a collaborative supervisor from that organisation. The appointment of a team of supervisors ensures that there is adequate experience of supervising PGRs within the team and that less experienced supervisors have access to a mentor. The University also provides training to new supervisors to ensure that they are equipped with the appropriate skills and knowledge to guide you through your research journey.

It is likely that you will have had some contact with your Principal Supervisor during the application process, either through working up a research proposal or during an interview. The relationship with your Principal Supervisor is of paramount importance in determining whether the research process will be fruitful and enjoyable. As such, you will find it helpful to attend the [Growing and Maintaining your Supervisory Relationships](#) workshop.

The sections that follow outline what you can expect from your supervisors and what is expected from you. There are also some practical tips on what you can do to help ensure that the relationship works well.

6.2 What are your responsibilities as a PGR?

The Research area of MySurrey website links to the [Code of Practice for Research Degrees](#) which sets out your responsibilities as a Surrey PGR as well as the support you can expect to receive from your supervisory team. Please ensure you take the time to read through this Code.

6.3 Regular meetings

The Code of Practice stipulates that regular meetings must take place between PGRs and their Principal Supervisor; other members of the supervisory team should attend these meetings as appropriate. You should meet with your supervisor at least once a month and keep in regular contact during periods of fieldwork. This is the prescribed minimum number of meetings, and a **requirement** for PGRs studying on a **student visa**, but more frequent meetings are encouraged.

All supervisory meetings must be logged in Surrey Self-Service. There is a 'How to' guidance document under the [Useful Documents webpage in MySurrey](#) which will help you to navigate the supervision meeting system.

Monthly supervision logs are created on the 5th of each month, and you will be sent an automatic email to alert you that a new log is available. You have until the middle of the following month (usually the 15th/16th) to log your meeting notes. If you miss the deadline, you should add your notes to the next available meeting log. **If you are studying on a student visa**, you must inform **Immigration Compliance** via [Surrey Support](#) if you fail to record your meeting notes as they monitor engagement through the monthly meeting records. After you have submitted the log, the supervisor you selected as having had the meeting with will be sent a notification to check and approve the record (your other supervisors will not be able to approve the record). Always keep notes of the meetings with your supervisors and agree targets to be met before the next session. Once you have finished a meeting, submit the monthly log. You do not have to use the system template to record the discussion and targets, you will have the option to upload a document if you prefer.

To ensure the smooth running of your regular supervisory meetings, you should discuss the following with your supervisor at the earliest opportunity: -

- The frequency and timing of supervision meetings
- Preferred level of supervision - very hands-on or hands-off
- Resource needs - what is essential, what is available, what can reasonably be expected
- Research ethics
- Intellectual property arrangements
- Your time commitments

You may find the following guidance helpful in thinking about how to approach supervisory sessions:

Be independent: This is your project, and your supervisors will expect you to take the lead. Remember that your supervisors are there to guide you but they will not have the answer to the particular problem you are researching – it's your job to find it!

Meeting etiquette:

- Always make sure you arrive on time for supervisory sessions and make sure that you have completed any actions required of you.
- Be open and honest with your supervisors.

- If you are experiencing a problem, talk to your supervisors about it early on. Problems become much harder to deal with if you leave them too long!
- Before the end of a supervisory session, make sure you agree to a date for the next meeting and stick to it.

Have reasonable expectations: Remember that supervisors are busy people with other commitments competing for their time. Your supervisors may not be able to meet with you at short notice so make sure you give them enough time to prepare if you need to meet with them outside of the agreed series of meetings.

Write: The sooner you start writing, the easier you will find it to clarify your ideas and progress your research project. It is useful to provide supervisors with samples of written work before your meetings as this enables your supervisors to see how you have organised your thoughts and to offer constructive feedback and guidance.

What to do if something is going wrong with your supervision

Despite PGRs and supervisors having the best intentions, issues and tensions can arise in a supervisory relationship. These issues can range from concerns about a change in supervision or their (*temporary*) lack of availability to, very occasionally, a breakdown of the supervisory relationship, despite the measures and safeguards the University has put in place to prevent it. If you have any concerns about your supervisory arrangement, the following steps can be taken to address the problem.

It is recognised that raising an issue about your supervision can be very difficult. To help you identify and understand any problems, and to get an impartial viewpoint to help you decide the best course of action, you can seek confidential advice, [at any stage](#), from the Research Degrees Programme Management Team or staff in the Doctoral College.

- As a first step, you are encouraged to discuss your concerns informally with the supervisor with whom the problem is occurring. It often helps if you articulate your needs and the support you require explicitly to your supervisor if you haven't already done so. Remember that you can seek support and help in doing this from other members of the supervisory team.
- If this does not bring about the desired improvements, or if such a conversation proves difficult to take place, you can arrange to meet with the PGRD for your School, Department or Research Centre* to discuss the problem and how to address it.

- If the problem persists, you can bring it to the attention of the Associate Dean (Doctoral College) for your Faculty, who will talk you through the options available to you, including changes to the supervisory team. However, you should bear in mind factors such as the availability of members of staff with appropriate expertise, and funding arrangements may mean that it is not always possible to alter supervisory arrangements.

- * If your supervisor has one of these roles, you can contact someone in a similar role in the School, Department, Research Centre, Faculty, or the Research Degrees Programme Management Team for advice.

The Students' Union also offers advice and guidance to students with concerns or complaints. If you wish to seek support from the Students' Union, please contact ussu.advice@surrey.ac.uk.

If raising problems through these channels does not bring about a satisfactory resolution, you are entitled to make a formal complaint to the University. Guidance on complaints about Learning Opportunities is provided in the University's [regulations](#) and the [OSCAR webpages](#). See also [section 16 of this handbook](#).

6.4 Annual leave

PGRs have an allocation of 25 days holiday per year, this does not include public holidays or university closure days, and is prorated for part-time PGRs. Annual leave runs from 1 August – 31 July and **should be arranged and recorded between you and your supervisors**. Annual leave is different to temporarily withdrawing from your programme and should not be requested as a temporary withdrawal.

6.5 Supervisor meeting FAQs

You are expected to log monthly supervisory meetings through Surrey Self-Service. You will be sent an email at the start of each month (5th) to log your supervision for that month. This must be logged by the 15th of the following month.

Please follow the link for further guidance and FAQs [Your supervisor | MySurrey student website | University of Surrey](#)

6.6 UK and International Fieldwork, Placements and Internships

All PGRs undertaking an **international placement** or **international fieldwork** must register with the **International Engagement Office** on their portal MoveOn. This includes unfunded placements and placements being undertaken in a PGR's home country.

- In the event of an incident in a particular location, Surrey will draw data from MoveOn to contact and provide support to PGRs in that location.
- Surrey has a legal obligation to report international placements to HESA (Higher Education Statistics Agency).

Please see [Postgraduate Researcher International Placements & Fieldwork](#), this page details the steps you need to take to register a **placement** or **fieldwork**, and has a link to the PGR MoveOn portal. You will also find links to the template forms you need to complete, including the PGR Risk Assessment for Travel Abroad and for placements, the Learning Agreement.

Please review the PGR Risk Assessment for Travel Abroad to ensure you leave adequate time for your form to be signed.

- If aspects of the placement are high risk, the risk assessment will need to be reviewed by the Faculty Health and Safety team and signed by your School's Associate Head External Engagement.
- If your placement is in a sensitive jurisdiction, or the headquarters of the host institution is in a sensitive jurisdiction, you will need to complete additional information and send to the Faculty Associate Director International for review and signature.
- Please send a copy of your fully signed Risk Assessment for Travel Abroad to researchdegrees@surrey.ac.uk.

Do not make any financial commitments or travel **until you have received a confirmation** of registration email from the International Engagement Office.

In addition to the above, **Postgraduate researchers (PGR)** on a **student visa** wishing to undertake a work **placement, internship** or **fieldwork** must also complete the following steps.

1. If you are undertaking a placement then you must provide the **placement form** and supporting statement (if your placement is integral to your thesis), by email to researchdegrees@surrey.ac.uk
2. If you are carrying out fieldwork then you must provide the **fieldwork form** by email to researchdegrees@surrey.ac.uk
3. Then upload the relevant document(s) to Immigration Compliance team via [Surrey Support](#). Go to 'Ask a question' and then select the following (as below) when the form comes up.

The relevant forms can be found here [Useful Documents webpage in MySurrey](#), under International postgraduate research students.

Once Immigration Compliance has confirmed your placement or fieldwork request (*not just a receipt acknowledging your request*), then please send a screen shot (evidence) to researchdegrees@surrey.ac.uk

Please be aware that **Immigration Compliance** require student visa holders to send them the **placement/internship/fieldwork** form, this is for all placements and periods of research away from the University, even if in the UK.

Which team do I want to contact? *

*MySurrey Hive



Enquiry topic *

International Advice & Visas



If your original approved dates change then you must complete another form with your revised dates and **complete the above stages**.

Regular engagement, for example via Teams, should continue at least on a monthly basis during periods of fieldwork and these engagements must continue to be recorded on Surrey Self-Service.

You should contact your supervisors, Department/School Office (*if applicable*) and the Research Degrees Programme Management Team once you have arrived back in the UK. Additionally, PGRs studying on a visa should send the Immigration Compliance Team confirmation of their return flight within 24 hours of landing in the UK, as the University will need to record the date of arrival in the UK.

7. Research Integrity and Ethics

The University of Surrey is committed to ensuring that all research conducted under its auspices meets the highest standards of research practice. As a UK Research and Innovation ([UKRI](#)) recognized research organization, we require all research funded by UKRI to adhere to their policies and processes relating to research integrity. As signatories to the [Universities UK \(UUK\) Concordat to Support Research Integrity](#), the University of Surrey is committed to:

- ✓ Maintaining the highest standards of rigour and integrity in all aspects of research.
- ✓ Ensuring that research is conducted according to appropriate legal, professional, and ethical frameworks and standards.
- ✓ Creating a research environment grounded in a culture of integrity, supported by good governance, best practices, and development opportunities for researchers.
- ✓ Implementing robust, transparent, and fair processes to address allegations of research misconduct, should they arise.
- ✓ Continually working to strengthen research integrity, with regular and open reviews of progress.

It is expected that all research conducted at or in the name of the University is carried out with the highest levels of integrity and ethical responsibility. Any departures from appropriate behaviour and practices may result in allegations of research misconduct, which will be investigated under the [University's Code of Practice](#) for handling such allegations.

Assurance Team Support

The Assurance Team is the central point of contact for all inquiries related to research integrity, ethics, and governance at the University of Surrey. The team also supports researchers working with human participants, those needing external approval ([including from NHS and HRA](#)), and those whose studies require ethical review ([University Ethics Committee](#)).

A member of the Assurance Team acts as the sponsor representative for NHS and Health Research Authority applications on behalf of the University assurance@surrey.ac.uk

The Ethics Review Process and Resources

The University of Surrey considers research at all levels should be conducted in a professional manner, and in line with our institutional and regulatory policies and guidance.

Before starting any research that involves the collection of new data you need to obtain a favourable ethical opinion from the ethics review process. Collecting data or starting research without having previously undertaken the ethics review process may be considered as research misconduct.

If you have any questions relating to this process and what is expected of you as a researcher, please contact your supervisor in the first instance to discuss your research plans. You can also email ethics@surrey.ac.uk for more information.

Please be aware that the ethical approval process can take time, particularly if external organizations are involved. It is crucial to consider and apply for ethical approval as early as possible in your research

planning. If you have concerns relating to the timing of your research and the ethics review process, please contact ethics@surrey.ac.uk for more information.

Resources

- ▽ **Ethics RM System**: Launched on 1st August 2024, this system streamlines the application process for projects involving human participants, their tissue, or data. The criteria for review and supporting documentation requirements remain unchanged, though the application process is now more efficient.
 - Supervisors need to log in to the [Ethics RM Applicants Portal](#) at least once to be accessible to students who wish to add them to their projects.
 - Supervisors must electronically approve ethics applications before they are sent for review.

Applicants (student researchers) must log in to [Ethics RM](#) and complete the online application. The system's responsive design will guide the workflow, determining whether a project requires no review, governance review, or full review, with an automated email advising the applicant. Ethics officers manually allocate reviewers, and applicants can monitor the status of their application in Ethics RM. An Applicant User Guide and [training videos that detail this process in full](#) are available and should be viewed before [starting this process](#).

Supporting documents should be prepared in advance, including:

- ▽ Study protocol
- ▽ Participant Information Sheets (not required if using secondary data)
- ▽ Informed Consent Form (not required if using secondary data)
- ▽ Any additional documents (e.g., recruitment materials, questionnaires) as appropriate.

Training and Resources

The Assurance Team offers training sessions throughout the year, and two online programs—Ethical Research and Research Integrity—are available via [Surrey Learn's Research Ethics portal \(Epigeum Training Programmes\)](#). We strongly recommend that you complete these training modules before designing your research and submitting an ethics application via Ethics RM.

Additional resources include:

- ▽ **Ethics Guide:** Describes the principles and processes for research and teaching involving human or animal subjects, their tissue, or data at Surrey. This guide is designed to be an accessible summary of our comprehensive ethics policy.
- ▽ **Online Training:** Free training available to all researchers:
 - **Epigium Training** (Use token 3c2df94a)
 - [Research Ethics in Practice](#)
 - [Research Integrity Core](#)
 - [Research Integrity Supplementary Modules](#)
- ▽ **Open Research Training:** Available at the [Open Research Training module](#).
 - Research Data Management, including weekly drops in at the library
- ▽ **Guidance on Authorship:** [Authorship and Contributors Guidelines](#).
- ▽ **External Resources:**
 - [Introduction to Informed Consent](#) from the Global Health Training Centre.
 - [Good Clinical Practice](#) from the National Institute for Health and Care Research.

7.1 Avoiding common pitfalls

As a PGR, it is important that you familiarise yourself with documents mentioned in the section above and that you always carry out your research to the highest levels of integrity and ethical responsibility. The guidance that follows is designed to help you achieve this by offering advice on how to avoid some of the most common mistakes PGRs make that have led to allegations of academic misconduct in their work.

7.1.1 Plagiarism

The simple definition of plagiarism is claiming someone else's work as your own, or not acknowledging someone else's work adequately. This covers the whole range from simply forgetting to reference a picture that you present in a thesis figure to presenting someone else's results as your own, which

constitutes serious academic misconduct or, at worst, fraud. The way to avoid plagiarism is to be careful, rigorous and honest.

You must ensure that you take great care to reference any statements that you make properly.

Any standard scientific referencing style, such as Harvard or Vancouver is acceptable. Your Supervisor can give you more guidance, but there is also information available on the [library website](#).

The critical issue here is to select your referencing style and then to use it consistently throughout your thesis. Use of reference management software such as RefWorks or Endnote will make referencing much more straightforward.

7.1.2 Copyright infringement

If your thesis includes any materials where the copyright does not belong to you (e.g. images, graphs, maps or even your own published papers copyrighted to the publisher) you will need clear permission to replicate or adapt these materials and use them in your thesis. We strongly advise that you clear permissions as early as possible, as copyright clearance can take time. More information on copyright is available at <https://research.surrey.ac.uk/assessments/thesis-submission>.

7.1.3 Data Storage

If your project will lead to the generation of novel research data, it is essential that at the outset of your studies you establish adequate systems for ensuring the safety and secure storage within the University's systems of the data you generate as part of your research (not just for the duration of your research degree but afterwards too). The University has put together a helpful resource on managing and storing data throughout the lifecycle of your research project on the [Open Research](#) page of MySurrey and in the Open Research section on the University website. Use of this resource will help to ensure that you meet both University and funder expectations for good practice in data management and it will also help you to avoid a research horror story of lost data in crashed computers, lost disks, burglaries or fires.

You will share and discuss the data and your analyses of it with your supervisors and collaborators. You should also bear in mind that examiners may ask to see original material as part of the final examination of your thesis and that you need to deposit on the Surrey Open Research Repository, so make sure that this is kept in a secure and organised manner.

To ensure good data management it is highly advisable to write a Data Management Plan before you begin data generation/collection/measurement, as explained here [Data management plans | University of Surrey](#), the Library offers a Data Management Plan review service (email openresearch@surrey.ac.uk) and

runs weekly drop-in sessions on Level 1 by the entrance gates every Tuesday morning for any data management related questions.

7.1.4 Health and Safety

Health and safety are of paramount importance! You must abide by the health and safety policies so that your working practices do not put yourself or others in harm. The University has an overarching Safety Policy Statement with which you must familiarise yourself.

The information that follows is intended to complement the above policy and will help you to ensure that your research is carried out in a safe way.

The University requires you to complete mandatory Health and Safety training, consisting of a FHMS Health and Safety Induction, Display Screen Equipment (DSE) training and Risk Assessment training. After completing your FHMS Health and Safety Induction, further details of the DSE & Risk Assessment training will be sent to you. If additional health and safety training is required, you will be notified of this. For any health and safety related queries, please contact FHMSHealthandSafety@surrey.ac.uk.

7.1.5 Authorship of papers and other outputs

Guidance on the development of your Researcher Profiles: Researcher profiles are playing an important role in your academic career. They are an important tool to collect your scholarly records during your career. The Library has developed guidance on the on the different profiles (e.g. ORCID, Scopus ID, Researcher ID |Web of Science|, GoogleScholar): what they are, why they are important, how to claim or correct a profile, and how to link profiles to ORCID and Surrey Open Research Repository.

Guidance on the authorship of publications: The University has developed guidance on the protocols, and associated procedures, which should be followed by supervisors and research students when planning the authorship of external publications, and/or associated other outputs, originating from a doctoral research programme. The guidance is not prescriptive but seeks to establish the terms and references that should inform discussions between students and supervisors wishing to publish outputs that arise from research activity being undertaken under the name and authority of the University of Surrey.

You are advised to read and discuss this guidance with your supervisors in your first supervisory session. Authorship of research works may seem some way off when you first start but it is best to have these open discussions early and to revisit them when you first start to think about producing outputs to ensure you, your supervisory team and any other colleagues and collaborators involved in the research are clear and in agreement about plans for authorship of the work.

Copyright ownership of publications and other research outputs is set out in the University's Intellectual Property Code.

[The Open Research Team](#) in the Library provides related advice on managing copyright to your publications, recognising contributions (CRediT), including published papers within your thesis and publishing under open licenses. The Open Research team also offer advice on how to link your publication with one or more [UN Sustainable Goals](#).

7.1.6 Considerations when choosing a journal for publication

When writing up your research for publication you should discuss publication options with your Supervisor, who will be able to give advice on the most suitable journal. The topic of your research, your intended audience and the journal's policies and guidelines will be among the key factors guiding your decision.

There is a growing number of open access journals, allowing you to publish open access for maximum dissemination and impact of your research. Open access journals typically charge a publication fee, called an Article Processing Charge (APC). The University has limited funds to cover the costs of open access publishing if certain criteria are met. However, there are different Open Access models (e.g. Green Open Access or Pre-prints) you can explore to make your research available without being charged a publication fee by checking our [Open Access Publication page](#) or contacting the Open Research team.

In recent years there has been growing concern around so-called 'predatory' or 'untrustworthy' journals, which exploit the open access model by charging publication fees without providing adequate peer review and editorial services. If a journal is not one that you or your supervisor recognises; if the journal has used forceful tactics to solicit content or you have any concerns around its editorial processes, please contact [Open Research](#) for further advice before submitting to the journal.

7.1.7 Confidentiality and commercialisation

If your thesis contains any confidential or commercially sensitive material, you may not be able to disseminate your thesis openly as per University regulations. In such cases you will need to discuss with

your supervisor and commercial sponsors whether the thesis should be restricted for a specified period (embargo).

Requests to embargo your thesis must be submitted via the restricting access form, available at: [Thesis submission | Research | MySurrey](#). The form needs to be signed by you and your supervisor and, if the reason for restricting is due to commercial interest or patent your principal supervisor will then need to email the form to the IP Manager further details can be found by clicking the link above.

7.2 Research Ethics

All research activities undertaken by PGRs must comply with the University's [ethics for teaching and research procedure](#). This policy sets out the aim to safeguard and promote respect for the rights, interests, and well-being of PGRs, staff, research participants/subjects (human and animal) and fellow citizens and communities in local and global contexts. The policy also aims to preserve the physical environment and social and historical artefacts engaged with by university staff and PGRs.

You should discuss the ethical implications of your research project with supervisors at a very early stage of your research. To guide these discussions, you must refer to the [University's Ethics web pages](#) which contain important information to determine whether or not your project requires ethical approval and the steps that you need to follow to acquire it.

If you cannot find the information you need on the ethics web pages, Assurance are happy to be contacted for 1-2-1 advice and guidance ethics@surrey.ac.uk, but cannot pre-review application documents.

Remember that it can sometimes take a while for the ethical approval process to be completed, especially if there are other organisations and/or institutions involved.

There may be an external review process which requires university sponsorship (such as for the NHS, MoD and MetPolice). In any case, it is important that you begin to think about and apply for ethical approval as soon as possible. The ethics review process can take 8 weeks + for a response to be provided from the point of submission.

Projects involving animals go through a separate review process, please see <https://my.surrey.ac.uk/research/ethics> for further details.

If you require a Disclosure and Barring Service (DBS) check to undertake aspects of your research, please email doctoralcollege@surrey.ac.uk.

8. Researcher Training and Development

Your future success as a professional researcher will require you to think strategically about your abilities, expertise and how these need to develop. Our Doctoral College provides training and advice to help you identify and move forward with your professional development. This includes broad research skills and career planning support.

Vitae is the national organisation established to champion the professional career development of research degree students and research staff. You may find it helpful to refer to their [website](#) which includes a wide range of resources. You may also find it helpful to refer to the [Researcher Development Framework](#) which was developed by Vitae following a study of the skills used by researchers throughout their careers. The Researcher Development Framework details the knowledge, attitudes and behaviours of successful researchers.

8.1 Researcher Development Programme

The Doctoral College runs a Researcher Development and Employability Programme which provides professional development and career support for the range of skills outlined in the Researcher Development Framework. It is delivered by members of the Researcher Development and Employability (RDE) team which is made up of highly qualified staff who create and deliver transferable skills training, development opportunities, one-to-one coaching and support, mock vivas and writing consultations. Additional workshops are also delivered by key staff from other departments within the university.

Crucially, they support all Surrey researchers no matter where in the world they are conducting their research, utilising a variety of technologies. RDE continually works with the PGR community to improve and build our provision, and you are always welcome to offer suggestions and work with team members to ensure your needs and those of your fellow researchers are being met.

More information about the programme of workshops and training opportunities can be found on the [Postgraduate researcher workshop web pages](#). For additional information or queries, email RDP@surrey.ac.uk.

Please note that the training is very popular, so you are advised to book yourself onto training sessions well in advance. If you book a session, you must also ensure that you attend. If you are unable to attend, make sure that you inform the RDE so that somebody else can take your place.

8.2 Identifying your training needs

The University recognises that our postgraduate research student population is diverse, welcoming different professional and educational backgrounds, as well as different levels of experience. The training that we offer is tailored to meet your individual needs as a professional researcher so that you can dedicate your time to developing the skills you need for a successful career.

Almost all our workshops are voluntary and can be attended at any point in your doctorate. However, there are **three compulsory workshops**, designed to help you find your feet and prepare for the big milestones within your project:

Workshop	When (full-time)?	When (part-time)?
Welcome to your Doctorate	Within 3 months of registration	Within 3 months of registration
The Confirmation Process	2 or 3 months before you plan to submit your report (usually within 6 – 12 months of registration)	2 or 3 months before you plan to submit your report (usually within 15 – 27 months of registration)
The Viva Examination	Within 33 – 48 months of registration	Within 48 – 96 months of registration

It is the responsibility of all PGRs to manage their professional development with the support of their supervisory team. You should share your Professional Development Plan with your supervisors and together identify transferable and research training sessions, areas for independent development, as well as opportunities to engage with the wider research community. At doctorate level, much of your research skills training may be in the form of independent study or bespoke one-to-one training with another researcher, rather than taught courses. This is expected and is just as important as attending courses or workshops. Keeping a record of the activities you undertake is also extremely helpful. RDE can often point you towards useful external resources if we do not offer a workshop on a specific topic. You can also find some Personal Development (PDP) resources here:

Professional development includes presenting and writing about your research, as well as networking with people both within your discipline and beyond. Take the time to identify not just what you need to complete your doctorate, but where you'd like to be in a few years' time, or which skills may be useful for alternative careers. Unsurprisingly, your training needs will develop over time, so you are advised to discuss your professional development needs with your supervisor throughout your degree to ensure you are taking advantage of the training and opportunities available. [The Vitae Researcher Development Framework \(RDF\) can be a useful tool for assessing development needs and identifying strengths in relation to professional development.](#)

Your engagement with professional development activities, including compulsory workshop attendance, will be monitored through the six-monthly progress reviews.

8.3 Writing development and support

Academic writing is more than just a skill of being able to communicate your ideas and research with clarity and confidence. It is inextricably linked with your developing identity as a researcher and academic, and with your discipline's ways of knowledge making. As such, academic writing can vary quite significantly between disciplines. Especially if you have come into your doctorate from industry, if English is not your first language, or if you are switching between disciplines, it may take a good while, and a lot of work, to feel confident in your academic writing. We have an extensive range of writing development opportunities specifically for doctoral researchers, offered both virtually and in person. These include:

- ▽ **Two-hour workshops, open to researchers at any stage, organised into three suites:**
 - *Core Writing Skills* ('Writing Critically', 'Writing Coherently' and 'Writing Concisely');
 - *Thesis Writing* workshops (e.g. 'Getting Started with Thesis Writing', 'Writing a Confirmation Report' and 'Writing a Thesis by Publication');
 - *Communicating Research and Getting Published* (e.g. 'Getting Published 1: Writing for Academic Journals', 'Getting Published 2: Publication Strategy and Peer Review' and 'Writing with Impact for Diverse Audiences').
- ▽ **One-to-one writing consultations.** These tutorials enable you to get detailed feedback on a piece of writing you have produced and guidance on how you can improve your style, structure or language. (N.B. This is **NOT** a proofreading service). Other topics that can be discussed include overcoming writer's block, avoiding procrastination and developing your voice as an academic writer.
- ▽ **Virtual Writing Retreats and in-person Writing Cafes.** These are intensive writing sessions supported by a writing mentor who will encourage and inspire you to make progress on your writing targets. Every

year we also offer an intensive two-day *Summer Writing Retreat* which is run in a hybrid format (i.e. you can join either in person or online).

▽ **AcWriMo (Academic Writing Month).** This is an international initiative which takes place every November, motivating researchers and academics to commit to writing targets and achieve them. At Surrey, we encourage everyone to set themselves specific writing goals, and the month is packed with virtual and face-to-face activities, workshops, and bespoke events and initiatives.

For more information about any of the workshops and/or initiatives detailed above, please contact rdp@surrey.ac.uk.

8.4 Your Career Development – Employability & Engagement

A key component of any professional development plan should be focused on preparing for the next step in your career. To support this the Doctoral College has a specialist Careers Consultant with expertise in career management and employer engagement, who is part of the Researcher Development & Employability team. They are dedicated to supporting Researchers in all aspects of career progression: career development and planning, to make the most of the opportunities presented by the doctorate; decision making; identifying and strengthening employability skills; advising on opportunities to explore different career choices; advising on building connections with doctoral alumni and employers; and aiding you into a successful career as you move on from your research degree at Surrey. Researchers can be ambitious in their career aspirations but are advised to start planning early if so.

The team's external partnerships and relationships across the University provide our PGRs with opportunities to collaborate, network, gain skills and experience.

Opportunities and resources for your career development include:

- **Careers consultations**, impartial and confidential. A meeting with a careers coach offers the opportunity to explore careers ideas and interests, identify transferable skills, explore options, both in academia and beyond, and discuss career development plans. Practical support is also available, from reviewing applications to interview practice.
- Wherever you are in your career journey, whatever your background or experience, whether you have a clear sense of direction or not, everyone is welcome. Book via [Pathfinder](#) or email rdp@surrey.ac.uk
- **Employability workshops**, covering a range of topics from CV writing to Preparing for a Post Doc, to Options beyond academia, and Interview Preparation, can be found here:
<https://www.surrey.ac.uk/researcher-development-programme/development>

- **Work Placement / Internships** – An early discussion with the DC Careers Consultant can support you with identifying opportunities and making applications (see how to book under Careers Consultations above).

Surrey Pathfinder is an online resource supported by the Careers and Employability department, providing advice and information on job search and career planning, and details of events and opportunities: <https://surreyঃpathfinder.careercentre.me/>

Postgraduate researchers may also find it helpful to consult:-

- **Vitae** which supports the professional development of researchers and [Jobs.ac.uk](https://www.jobs.ac.uk/) both of which have useful tips, guidance and support for building a career within or outside of academia.
- **Euraxess** a pan-European initiative delivering information and support services to professional researchers toolkit for career exploration which is available on their website. [No Limits](https://www.euraxess.org/) toolkit for career exploration which is available on their website.
- International researchers new to the UK may also find this resource useful:
[International Employability resources](#)
 - Additional resources can be found on the DC Sharepoint here: [Careers and Employability](#)

Employer engagement opportunities - every year we aim to support events intended to bring Surrey Researchers together with employers and businesses across a range of sectors. There may be opportunities to present your research at these events. Making connections with a wide range of academic colleagues and professionals is important for any career path.

We are here to support you at all stages of your career journey, so please do not hesitate to get in touch by emailing rdp@surrey.ac.uk.

8.5 Central Space for Postgraduate Research Students

The Doctoral College also acts as a central hub for postgraduate research students and space is available to use for meetings or quiet work. Some of this space needs to be booked in advance and not all rooms have IT and audio-visual equipment. For more information and details on how to book space, please email the [Doctoral College](#).

8.6 Discipline-specific training

In addition to the extensive suite of training and development opportunities provided centrally, there are also many opportunities for you to attend training that is closely related to the type of research you are conducting.

In FHMS we run workshops on specialised topics such as good clinical practice and bioinformatics, as well as a programme of statistics workshops. Your PGR Director and Supervisor will have details of these opportunities. Information on these can be found on the Researcher Development programme website, where the workshops can also be booked. In some cases, it may also be helpful to attend relevant undergraduate or postgraduate taught modules, but you should first discuss this with your supervisor. There are research seminars which you should attend and at which you can present your work, and every year there is a Faculty Research Celebration event, where PGRs can present their work as posters or oral communications. It is important to engage with and contribute to your research community by attending and contributing to these events, and it will help you hugely preparing for both your confirmation viva and your final thesis viva.

8.7 The PGR Conference

Each year a University-wide PGR Conference is held. This researcher led conference brings together PGRs and ECRs from across the University to share their research through posters or oral presentations. The conference is a vibrant and intellectually stimulating event which enables you to network with academic staff and research students from a variety of disciplines.

All PGRs are strongly encouraged to get involved in the conference either by presenting (posters or oral presentations), chairing sessions, or assisting the organising committee.

8.8 Teaching opportunities

The University recognises the vitally important contribution PGRs make in supporting the learning and teaching of others and in enhancing the wider student experience at Surrey. Participating in teaching activities can provide you with an opportunity to develop a range of personal and academic skills and can help to reinforce knowledge of your subject area.

A [**Code of practice for postgraduate researchers who support teaching**](#) has been developed to establish the principles and procedures on which PGRs will be used to support the teaching and learning of taught students. The Code seeks to ensure that wherever PGRs are involved in teaching, appropriate measures are in place to safeguard their experience, those of the students they teach, and the University. The

University is dedicated to ensuring that you have been given appropriate support and guidance for your teaching, enabling you to develop your skills and teaching practice.

There are certain restrictions on who can be involved in some teaching activities so please make sure that you refer to the Code of practice to check what you are eligible for before applying.

Those interested in demonstrating must take the '[**Demonstrating in Laboratories**](#)' workshop through the Researcher Development and Employability Programme in the Doctoral College prior to undertaking any demonstrator role. Those interested in teaching seminars, lectures or small classroom-style teaching must take the 'Introduction to Learning and Teaching' workshop through Surrey Institute of Education. Any PGR involved in providing undergraduate assessment must also take the '[**Assessment and Feedback**](#)' course through [Surrey Institute of Education](#). PGRs interested in further developing their skills may take additional courses and may want to consider undertaking the PG Certificate in Learning & Teaching, which is available subject to capacity.

9. Progress Monitoring

Details regarding Progress Monitoring can be found on MySurrey here:

<https://research.surrey.ac.uk/assessments/reviewing-your-progress>

9.1 Mid-year and Annual progress review

Your progress will be formally monitored every six months through the mid-year and annual review procedures.

- The mid-year review is completed by PGRs between March-May each year so that supervisors and local PGRDs can complete and submit their sections to the Research Degrees Programme Management Team by the end of May.
- The annual review is completed by PGRs between September-November each year so that supervisors and local PGRDs can complete and submit their sections to the Research Degrees Programme Management Team by the end of November.

The purpose of the reviews is to:-

- provide you with feedback on your progress
- ensure that you are on course to complete by your deadline
- keep under review your training and development needs and ensure that you have attended the recommended workshops
- address any weaknesses in your research

- discuss any concerns you may have and bring these to the attention of your PGRD and/or the Admission, Progression and Examination Subcommittee (APESC)

The review process is mandatory and you could end up on the unsatisfactory academic progress procedure if you fail to submit your review within the prescribed timeframe. Your progress must be formally reviewed every six months, starting at the first review point following your registration (mid-year review for September and January starters, and annual review for April and July starters) until submission of your thesis.

Please take the review process seriously and think carefully about how you capture your progress and achievements so that it is clear to your supervisors that you are meeting the targets they have set for you. Remember that this is your time to receive feedback and address any concerns so be honest and open in the review. It is also advisable to attend [the workshop](#) offered by the Researcher Development and Employability team on how to get the most out of your reviews.

You will be contacted by the Research Degrees Programme Management Team with details about the review process and the deadline for submission of your part of the form.

9.2 The second year (FT) and fourth year review (PT)

At the point you reach between 24-30 active months' registration as a full-time PGR and 48-54 active months' registration as a part-time PGR, your progress review will include some additional requirements as set out below. Active months are all those months you have been enrolled and not absent from the programme, so will exclude any periods of temporary withdrawal.

The purpose of this enhanced review is to help prepare you to finish your research project and submit your thesis for examination.

In addition to the standard progress review, the second/fourth year review will require submission of:

- a copy of the examiners' report from the Confirmation examination
- a Gantt chart plan for completion (i.e. submission of thesis for examination)
- a draft table of contents for the thesis

Your Confirmation Examiner/s, or PGRD if neither examiner is available, will be asked to attend your progress review meeting or review the paperwork.

9.3 Outcomes of reviews and unsatisfactory academic progress

Your progress will be rated at each formal review from one of the following outcomes:-

On track to submit within my funding period (if funded)

Outcome of progress review will show as 'submission within registration' in Surrey Self-Service

On track to submit within my registration period but beyond my funding end date (if funded)

Outcome of progress review will show as 'submission within registration' in Surrey Self-Service

On track to submit within my registration period (if self-funded)

Outcome of progress review will show as 'submission within registration' in Surrey Self-Service

Concerned about the likelihood of submitting within my registration period

Outcome of progress review will show as 'submission may exceed registration' in Surrey Self-Service

Unlikely to submit within my registration period

Outcome of progress review will show as 'unsatisfactory progress'* in Surrey Self-Service

Unsatisfactory Progress

If your progress is deemed to be 'Unlikely to submit within my registration period' (shown as 'unsatisfactory progress' in Surrey Self-Service), or if your review is not completed in the required timescale, then the [Regulations for research degrees \(A2\)](#) require that you are placed on unsatisfactory academic progress (UAP) procedures. In this situation, you would be given at least three months to meet specified targets. Your progress would be reviewed at the end of the three months in a review meeting chaired by an Associate Dean (Doctoral College) and would include an academic outside of the supervisory team. If the targets have not been met to the required standard, then it is a regulatory requirement that registration for the degree is terminated. Unsatisfactory academic progress procedures can be invoked between reviews if serious concerns about a PGR's progress emerge.

In the unlikely event that you find yourself on unsatisfactory academic progress procedures, it is important that you do not panic. You should think carefully about the targets that have been set and discuss them in detail with your supervisors to ensure that you are clear about what is expected of you. Remember no supervisor wants their PGR to fail and the purpose of unsatisfactory academic progress procedures is to take decisive action to get PGRs back on track so that they can complete in the required timescales.

The process for overseeing the outcomes of reviews is managed by the Associate Dean (Doctoral College); the outcomes are then reported to the Admission, Progression and Examination Subcommittee (APESC).

10. Confirmation of Registration

10.1 What is confirmation?

Confirmation is the formal examination for which you must write a Confirmation Report and undergo a *viva voce* exam. All PGRs, including MDs are required to go through the Confirmation process to 'confirm' their registration. A doctoral researcher's skills and their project should evolve considerably over the first year of study. It is, therefore, appropriate to assess progress at this point and provide formal feedback to ensure the project is on track for timely submission. As such, the confirmation process is a formal assessment of the feasibility of on-time completion of the doctorate based on progress within this first year. It is a peer-review process in which academics outside of the supervisory team read a report written by the doctoral researcher about their progress thus far and their plans for future research and then examine the candidate by *viva voce* (oral exam). Both the confirmation report and *viva voce* are essential components of this assessment and the doctoral candidate must perform satisfactorily in both elements to continue with their doctorate.

You should look upon the Confirmation as a useful exercise to receive external opinions (from your assessors) on your project, and as a time to take stock of where you are in your research and how you are going to complete your research degree on time. At least one of your supervisors should be present at the *viva voce* as it is useful for them to hear the feedback you are given. There will be an opportunity at the end of the *viva voce* for you to speak to your confirmation examiners in the absence of your supervisor/s.

To help you prepare for the process and ensure you fully understand the requirements, you are required to take the [Confirmation Process workshop](#) before undertaking the examination. It is recommended that you register for this workshop approximately 3 months prior to submitting your report, as the workshop will provide guidance on both the written report and the *viva voce*.

All Confirmation forms can be found on MySurrey here: [Useful documents | Research | MySurrey](#)

Confirmation report guidelines are stored on SurreyLearn here: [The Doctorate Process - Doctoral College Common Room \(surrey.ac.uk\)](#)

10.2 When does Confirmation occur?

The regulations for research degrees indicate that confirmation for students registered on a traditional PhD or MD degree, will normally take place nine to 15 months after initial registration for full-time students and 18 to 30 months for part-time students, however faculty specific rules do apply to the timing of the confirmation.

For those programmes with a structured taught element the confirmation must take place no later than 24 months for full-time PGRs and no later than 48 months for part-time PGRs.

If you find that you cannot make the deadline by which you need to submit your confirmation report, you may need to apply for the consideration of Extenuating Circumstances (ECs). Refer to [Section 11 of this Handbook](#) and please discuss a request for extenuating circumstances initially with your supervisor and postgraduate research director.

The principal aims of the Confirmation procedure are as laid out in the [Code of practice for research degrees](#).

10.3 Who will my Assessors be?

You and your supervisors should discuss who would be appropriate assessors for your Confirmation. You need two assessors, normally both members of University staff but one could be external if you are a member of staff. One of the assessors will be designated to chair the *viva voce* examination. Your supervisor will complete the [Confirmation Examiner Nomination form](#) naming these examiners and submit it in advance to your PGRD for approval.

10.4 What do I need to do for the report?

Faculty and, where applicable, department/school specific guidance documents detailing the format and content of the confirmation report can be found by logging in to [SurreyLearn](#) and navigating to the Doctoral College Common Room/The PhD Process.

Submitting your report

For FHMS all PGRs should liaise with their Supervisors and/or PGRD to be advised who and how they should submit their Confirmation Report and if they should submit electronic copies.

The Principal Supervisor will advise the PGR of the date, venue and time of the Confirmation examination. The PGR will be required to submit the report at least ten working days prior to the examination.

10.5 Confirmation Outcome(s)

Your assessors will question you directly about your Confirmation Report and about the background to and context of your research. They will make their recommendations and give you feedback accordingly. The signed form with the examiners' recommendation should be sent to the appropriate administrator within the Research Degrees Programme Management Team who will seek formal approval from your Faculty Associate Dean (Doctoral College).

You may pass first time, or you may be told to revise the report and resubmit after three months (six months for part-time PGRs), with or without another *viva voce*.

Resubmission outcome

If you are asked to resubmit, it means that the assessors have some doubts as to one or more of the criteria above, and they will articulate their comments and requirements on the '[Confirmation review form \(first attempt\)](#)'. It may not be through any fault of yours, it may be due to problems with the feasibility of the project, for example, that have come to light during the first year of the research. If you need to resubmit your confirmation report, you should follow the same process as for the first submission. You will be given a deadline by which to submit your report, which may include a further *viva voce*. Following the examiners' assessment, the Research Degrees Programme Management Team will receive the examiners' report and send it for review and approval to the Faculty Associate Dean (Doctoral College).

If you do not pass Confirmation at the second attempt, the assessors may recommend on the '[Confirmation review form \(final attempt\)](#)' that you change from PhD or MD to MPhil registration, or they may recommend termination of your registration altogether; both of these outcomes would require approval by APESC. International PGRs studying on a student visa should be aware that a change from PhD or MD to MPhil may have visa implications. These last outcomes are rare, but they do happen, so you **MUST** take your Confirmation seriously, however, if all is going well, as it does for most people, it will be a useful experience.

11. Extenuating Circumstances

If you are unable to meet an assessment deadline you may be asked to submit an application for Extenuating Circumstances (ECs). It is important to check with your Research Degrees Programme Management Team contact before applying for ECs as this process is managed outside of the Doctoral College, by a central team within Academic Registry, and it may not be the most appropriate route for you.

Only in the following situations may you be required to submit an application for ECs:-

- You cannot meet the deadline for an assessment for a credit bearing module or taught unit that you are taking as part of your doctoral programme;
- You cannot meet the deadline for your confirmation report;
- You cannot meet the deadline for a target set as part of unsatisfactory academic progress procedures.

Unlike taught students, you do not apply for a temporary withdrawal through the ECs process. PGR requests for temporary withdrawal are made through the monthly Admission, Progression and Examination Subcommittee (APESC) committee process, which is explained in Section 13.

12. Completing Status

Completing status (or ‘writing-up’ as it is sometimes referred to) is a reduced fee status within your period of registration which you can transfer onto once you are within 12 months of submitting your thesis. Transferring to completing status does not extend your registration end date, it is a change to your mode of attendance. You can transfer to completing status as a full-time or a part-time PGR.

The current completing status (**writing up**) fees can be found here:

[Fees and Funding](#)

You will continue to receive full supervision whilst on completing status and you must continue to log your monthly supervision meetings. You will also be expected to submit Progress Reviews whilst on completing status in line with the timeframes advertised by the Faculty Research Degrees Team.

Usually once you submit your thesis you will no longer be in receipt of further maintenance payments. For any queries regarding maintenance payments whilst on Completing status, please liaise with your supervisor, in the first instance.

Transferring to completing status before submitting your thesis is not a requirement and funded PGRs may find that it is not beneficial for them to transfer to this status as it may impact on their eligibility for any remaining stipendiary payments. Check your funder’s terms and conditions before making a request to transfer to completing status if you are still within your funded period. **Once your funding comes to an end you will be charged full fees until your application to transfer to completing status has been approved.** Further information can be found here: [Completing status | Research | MySurrey](#).

Once you and your supervisors are confident that you will be able to submit your thesis for examination within the next twelve months, you may apply to transfer to completing status by submitting a request via your Surrey Self-Service Research programme record under the Requests tab, further details are in [Section 13](#).

When making a request to transfer to completing status a PGR **MUST** also initiate the process of approving the examiner for their final examination by submitting an Exam Entry Form, which is made as a separate request.

Please also refer to [Section 14.1 Stage 1 Entry form for Examination](#)

The criteria governing the transfer to completing status applies to both full-time and part-time PGRs and is set out in the [Regulations for research degrees \(A2\)](#) as follows:-

- Your supervisor can confirm that they are satisfied that submission of the thesis within twelve months is feasible
- You are only making use of the University's general facilities
- You are no longer using any specialist facilities (such as laboratories)
- You are receiving advice solely related to the writing up of the thesis

You will be asked to confirm that you have met the regulatory requirements for transfer and you will be required to provide the following:-

- A **detailed plan for submission** covering both yours and your supervisors' responsibilities for submission within the next twelve months or by the end of the registration period if completing status will last for fewer than twelve months
- A **draft table of contents** for the thesis (uploaded to the completing status request)
- Your **Examination Entry form** (separate request to be made via: Surrey Self-Service/Research programme details/Requests tab)

The request needs to be endorsed by your supervisor, your local PGRD and the Associate Dean (Doctoral College). It will then be considered by the Admission, Progression and Examination Subcommittee (APESC).

Please note that retrospective applications for completing status will not be considered unless there are valid reasons supported by evidence.

Please request to start your period on completing status from the 1st of the month to avoid paying full fees for that month.

Please also note that your transfer to completing status cannot be considered by the committee **until you have submitted an Examination Entry Form**. This means that you have initiated the form and it is, at least with your supervisors for completion.

You must submit a thesis for examination before the end of the completing period. **If problems arise and you are unable to submit your thesis for examination by the end of your approved completing status period, you must request an Extension to Completing Status via the Faculty Research Degrees Team. Please be aware that only in exceptional circumstances will an extension be approved by APESC.** If you reach the maximum period of registration and you have not submitted your thesis, your registration may be terminated unless you have valid grounds for an extension.

13. Changes to registration

Requests for changes to your registration are made via your [Surrey Self-Service](#) research programme record. You should find the system intuitive, however if you need further help or advice, please contact the [Faculty Research Degrees Team](#). The approval stages are completed online. You can view each stage of your request including its *status* and who the *action is with* online via your Surrey Self Service record.

The requests available to you are:

- Temporary Withdrawal and sick pay
- Change of Mode (part-time, full-time)
- Change of Programme
- Change of Supervisor (including additions)
- Transfer to Completing Status
- Exam Entry Form
- Extension to Registration
- Permanent Withdrawal

There are several tabs within your research programme record (see below) and the tab under which you make requests for changes to registration is called 'Requests'.

Programme & contact details	Supervisors & examiners	Milestones	Monthly supervisions	Absences	Extensions	Researcher Development Programme	Requests	Progress Reviews
Requests								
Date requested		Request type					Status	
Make a new request								

A request, once submitted, will be sent to your supervisors and local postgraduate research director and finally submitted to the Faculty Research Degrees Team. The Faculty Research Team will then refer that request to the Faculty Associate Dean (Doctoral College) for review, prior to scheduling to APESC for consideration.

You can track the status of your request under the Requests tab and you will be informed of the outcome of your request, **usually within 10 working days of the meeting**, by email from Student Records or from the secretary to APESC, depending on the type and outcome of the request.

APESC meetings are normally held on a Wednesday and the 2025-2026 calendar can be found under the [Governance section](#) above.

13.1 Temporary withdrawal and sick pay

If, during your registration, illness or personal difficulties of sufficient gravity have prevented you from progressing your research, you may be granted temporary withdrawal for a period necessary to overcome the difficulty. Your period of registration will be adjusted by the same number of months you are temporarily withdrawn, so you do not need to be concerned that it will adversely impact on your maximum period of registration. You will not normally be permitted to interrupt your studies for more than twelve months aggregate unless the absence is for parental leave.

Periods of temporary withdrawal must be agreed in advance and retrospective applications will require supporting evidence. PGRs can request a period of temporary withdrawal via their Surrey Self-Service research programme record, as described above. If the reason for the temporary withdrawal fits within the criteria for sick pay, as set out in the [PGR Absence Procedure](#), then you will be granted sick pay. **Your eligibility will depend on your funding arrangements.** Please read the PGR Absence Procedure for eligibility criteria. The [Regulations for research degrees \(A2\)](#) outline the sorts of circumstances under which a period of temporary withdrawal would be agreed.

It is also extremely important that you review your funder terms and conditions to check their procedure before requesting temporary withdrawal.

During the temporary withdrawal, you will temporarily leave your programme of study and lose your registration status as an enrolled PGR. No supervision will be received, and specialist facilities such as labs cannot be accessed during this time.

Please note you will be charged a full month fee liability for any part of the month attended, so please take this into account when considering the period that you are looking to temporarily withdraw and **therefore it is advisable , if possible, to start your temporary withdrawal on the 1st day of the month and finish on last day of the month.**) . You will not be charged any fee liability for any full calendar months that you are temporarily withdrawn within these start and end dates.

If you are requesting temporary withdrawal for reasons other than illness, jury service, or parental leave, and you are a funded doctoral student, you have the option of continuing to receive your funding package for up to a maximum one month in a 12-month period, unless the temporary withdrawal is a funded internship or paid placement. Funding will then be suspended from the end of the first month of temporary withdrawal until you return to your doctoral degree.

You must inform your supervisor and the Research Degrees Programme Management Team when you return to your studies to ensure that your record is updated from 'absent' to 'enrolled'. Only resume study on the basis that you are fit to do so and that the difficulties have been overcome satisfactorily. If you are not able to return to your programme you must submit a new request to adjust your period of temporary withdrawal. You must advise your supervisors and the Research Degrees Programme Management Team as soon as problems arise and keep them updated about matters affecting your studies.

International PGRs

Requests for temporary withdrawal made by PGRs studying on a student visa will also be checked by the University's Immigration Compliance Office to ensure that the request complies with Home Office rules on length and frequency of absence. Currently a PGR on a student visa may request 60 days or less temporary withdrawal if they wish to remain in the UK. For longer periods of temporary withdrawal, the University would be required to withdraw sponsorship. In all cases it is advisable to discuss your case with the International Student Advice team based in the [Hive](#), particularly if you are interested in applying for the [Graduate Visa](#) following completion of the research degree. [You can book either an online or in person appointment.](#)

13.2 Extension to registration

Any request for an extension to the maximum period of registration must be made well in advance of the deadline. Extensions to registration will only be permitted in exceptional circumstances in accordance with the criteria set out in the [Regulations for research degrees \(A2\)](#). **Poor planning or lack of academic progress would not, for example, be acceptable reasons.** Applications from PGRs who have exceeded their original submission deadline and who cannot provide evidence in line with the criteria set out in the regulations and which demonstrates why they were prevented from applying for an extension in advance of their end of registration, will have their registration terminated.

International PGRs

International PGRs studying on a student visa are advised to contact International Student Advice (ISA) for immigration advice on the implications to their visa status of making a request for an extension to registration, particularly if they are interested in applying for the [Graduate Visa](#) following completion of the research degree.

For general advice please check the information on [MySurrey Help](#) first or if you have a specific query please utilise [Surrey Support](#). You can also book appointments with ISA [here](#).

13.3 Other changes to registration

Other less common requests for changes to registration include changes to mode of attendance (MoA), for example, from full-time registration to part-time registration, and change of programme. If you wish to consider applying for these types of changes, please discuss them with your supervisors, check any funding implications, and if you are studying on a student visa, speak to the International Student Advice team (contact details above).

If you are considering permanently withdrawing from your research degree, it is important that you discuss this with your supervisory team and/or your local PGRD before making the final decision. Speaking to others helps PGRs to understand if withdrawal is the right option for them and often, they discover other sources of help and support which mean that permanent withdrawal can be avoided. However, the decision to withdraw might be the right thing to do in some circumstances.

14. Thesis submission and the viva voce examination

All doctoral degrees and MPhils are examined by thesis and an oral examination commonly known as the *viva voce* examination. The section that follows is designed to help you navigate the examination process by setting out the key stages involved. You should take the compulsory [Viva Examination](#) workshop run by the Doctoral College Researcher Development and Employability team around six months prior to your *viva voce* date, to ensure you fully understand the requirements and expectations of this final assessment.

14.1 Stage 1: [Entry Form for Examination](#)

PGRs should initiate the process of approving the examiners for their final examination by submitting an Exam Entry form request via their Surrey-Self Service research programme record. The Exam Entry form must be submitted at the same time as the request for [transfer to completing status](#) is made. If no request to transfer to completing status is made, then you must ensure that the Exam Entry Form is submitted no later than two months before you intend to submit your thesis. **Failure to submit the form in time will delay your *viva voce* examination.**

You will be required to provide the title of your thesis, an indication of the date you intend to submit your thesis, confirm whether you will be submitting your thesis in the format of a monograph **or** [papers prepared for publication](#), and agree to the academic integrity declaration. The thesis title you provide on this form will be the final title of the thesis you submit for examination. If you do need to amend the thesis title after this time, you should contact the Research Degrees Programme Management Team and they will advise whether the change requires the approval of the Faculty Associate Dean (Doctoral College).

Your supervisors will be required to complete the section which asks for details of the nominated examiners (normally one internal examiner and one external examiner). Your supervisors will be asked to confirm that the examiners meet the regulatory criteria for appointment, and they will also be asked to provide written justification for the selection of the examiners and why they are well-suited to examine your project. Your supervisors will ensure your examiners are aware of the format in which you will be presenting your thesis for examination: as a monograph or as papers prepared for publication.

14.2 Stage 2: [Approval of nominated examiners](#)

Once your Entry Form has been submitted by your supervisor and agreed by your local PGRD, the Research Degrees Programme Management Team will ask your Associate Dean (Doctoral College) to review the information on the form and the examiners' on-line profile to check the suitability of the examination

panel. The Exam Entry Form request will then be scheduled to a meeting of the Admission, Progression and Examination Subcommittee (APESC) for final consideration.

The Research Degrees Programme Management Team will contact your supervisors if there is a problem.

14.3 Stage 3: Thesis submission for examination

Details regarding thesis submission can be found on the Research pages of MySurrey here: <https://research.surrey.ac.uk/assessments/thesis-submission>

The University expects a full-time PGR to submit an electronic version of the thesis for examination within 36 months, or within the funded-period, and a part-time PGR to submit within 72 months, or within the funded period.

The electronic submission must be emailed to researchdegrees@surrey.ac.uk **no later than the day of your submission deadline**, which for a full-time PGR will be month 48 of registration and for a part-time PGR, month 96 ([the maximum registration deadline](#)).

Please check your Surrey Self Service record to see your correct end of registration date.

You can submit the thesis in Word or PDF format and for larger documents we suggest you 'send and share' using [Drop off Surrey](#) so it is easier for the Research Degrees Programme Management Team to access and dispatch your thesis to the examiners. Please give access to the following email account: researchdegrees@surrey.ac.uk.

The thesis is the presentation of your original work. While the supervisory team may offer guidance before the submission of the thesis, the ultimate responsibility for the content must rest with you. It is your responsibility to submit the thesis for examination to the Research Degrees Programme Management Team within the maximum period of registration. You may submit without the support of your supervisors; however, it is strongly recommended that you submit a full draft of your thesis to your supervisory team ahead of your submission deadline, allowing enough time to make any amendments they may recommend.

Paragraphs 17-21 of the [Regulations for research degrees](#) sets out what the thesis must demonstrate for award of a PhD, an MPhil, an MD and a practitioner doctorate. The criteria for award, as set out in these paragraphs, is the same regardless of whether the thesis has been presented as a monograph or as papers

prepared for publication. If, after discussion with your supervisors, you choose to submit a thesis that includes chapters prepared in publication format, please ensure that you read the guidance available on My Surrey [PhD by Publication | Research | MySurrey](#). Ask your supervisor, or academics in your field, if they have previously supervised theses in this format so that you can search the [online e-thesis repository](#) for examples.

The University does not enforce a minimum word limit for a doctoral or an MPhil thesis. It is, however, recommended that the thesis does not exceed the maximum word limit of 100,000 words in all but the most exceptional circumstances for a PhD thesis, and does not exceed the maximum word limit of 60,000 words for an MPhil thesis. The maximum word limit is exclusive of documentary or statistical appendices, references and bibliography; and is inclusive of footnotes and other appendices.

Thesis format and presentation

- All pages should be numbered in one continuous sequence, i.e. from the title page of the first volume to the last page of type, in Arabic numerals from 1 onwards. This sequence must include appendices, blank pages, etc.
- The title page shall bear the title given on the Exam Entry Form, the PGR's name, the degree for which the PGR is registered, the year in which the thesis is presented (submitted for examination) and the logo of the University of Surrey.
- A summary of the work, not exceeding 300 words in length and a signed Statement of Originality must be included (see below).
- The University does not prescribe a font for use in theses but you must select a font that is professional. Double or one-and-a-half spacing should be used.
- Thesis should be organised in the following way:
 - Title page
 - Declaration of originality: *This thesis and the work to which it refers are the results of my own efforts. Any ideas, data, images or text resulting from the work of others (whether published or unpublished, and including any content generated by a deep learning/artificial intelligence tool) are fully identified as such within the work and attributed to their originator in the text, bibliography or in footnotes. This thesis has not been submitted in whole or in part for any other academic degree or professional qualification. I agree that the University has the right to submit my work to the plagiarism detection service TurnitinUK for originality checks. Whether or not drafts have been so assessed, the University reserves the right to require an electronic version of the final document (as submitted) for assessment as above.*

- A summary of the work not exceeding 300 words must be included
- Acknowledgements
- Full table of contents and a list of tables, photographs and any other materials
- Main Body of thesis: This is generally organised into chapters but the format and content of these vary according to the subject and discipline. Ask your supervisor for advice and for an example of a good thesis in a similar subject area to your own
- Appendices

Once submitted, your thesis will be emailed to the appointed examiners so that they can prepare a pre-viva report prior to your oral examination. Fees cease once you submit your thesis. The Fees and Funding team calculate tuition fees based on your thesis submission date.

As you are still considered enrolled up until the point of award, if appropriate, you will still need to re-register at the relevant time.

Please note that the thesis should not be sent directly to the examiners by you or your supervisors. You should also be respectful of the impartiality of your examination panel, and you must refrain from contacting them directly, in advance of the examination. In the unlikely event that you think there is a need to contact your examiners, please speak to your supervisor in the first instance. If appropriate, they will arrange for a member of the University staff to contact the examiner. In normal circumstances, there should be no reason for you to contact your examiners, but post examination is permissible for students, when necessary, to contact internal examiners for the purpose of clarification on corrections or revisions. Communication must be limited as examiners are not to be drawn into a supervisory relationship.

14.4 Stage 4: Viva voce examination

Guidance on preparing for your *viva voce* and the recommendations that are available to your examiners can be found on MySurrey here: [Viva voce examination and award | Research | MySurrey](#)

Your *viva voce* examination can take place online, hybrid where your external examiner may join online, or face to face. The Research Degrees Programme Management Team will request details of the arrangements for your exam from your supervisory team. If you have any queries concerning your *viva voce* exam you should contact the [Research Degrees Programme Management Team](#). The [Researcher Development team](#) can offer mock vivas to help you prepare for your *viva* and have developed guidance materials for virtual vivas, which are available on [MySurrey](#).

The viva normally takes place between 30 and 90 days after submission of your thesis. If you would like the viva to take place outside of this period then you must submit a request to the Admission, Progression and Examination Subcommittee (APESC) evidencing that all parties (you, your examiners, and your supervisors) agree to the date of the viva and that it is understood that the viva is taking place outside of the regulatory period. A memorandum (Late Viva, Early Viva) will need to be completed and approved by the relevant Associate Dean of the Doctoral College. This will be noted by the Admission, Progression and Examination Sub-committee.

Please contact the Research Degrees Programme Management Team for advice.

When we have been unable to adhere to the regulatory timeframe for a viva, these statements ensure we have an audit trail to demonstrate that the University has acted in the best interests of the PGR, in the event of any disputes or discrepancies at a later stage and APESC will then note this request. Only when APESC have noted the request may the *viva voce* examination exceptionally be held outside of the usual timeframe.

Supervisors are not expected to be present at the *viva voce* examination, but they should be available for the conclusion of the examination when the examiners' give their recommendation and any required corrections to the thesis are explained. In exceptional circumstances, PGRs may make a written case to the Associate Dean (Doctoral College) to request that their supervisor attend the *viva voce* examination. The case must explain why the presence of the supervisor is necessary to ensure the effective and proper conduct of the examination. On the rare occasion that a supervisor is present at the examination they must not participate in the examination and may only speak if invited to do so by the chair.

14.5 Stage 5: Decision

At the conclusion of the *viva voce* examination, you will be asked to leave the room. For online *viva voces* there will be a virtual waiting room, or you will be asked to dial out of the video conference and contacted when you can rejoin. The examination panel will then confer and are required to select one of the outcomes permitted by the [Regulations for research degrees \(A2\)](#). You, and your supervisor if they have been waiting, will then be asked to rejoin the (virtual) exam room once this decision has been made.

The most common outcomes are 'award', 'award subject to minor corrections', or 'award subject to minor revisions'. Some candidates are asked to resubmit their thesis with or without a further oral examination. If you do receive a resubmission outcome, please ensure that you meet regularly with your supervisors during the resubmission year so they can support you as you prepare your resubmission. On a very small number of occasions, PGRs have failed the *viva voce* outright or following a resubmission, or have been

offered the lower award of MPhil, however this is extremely rare and the University's pass rate at the *viva voce* is consistently very high.

14.6 Stage 6: E-thesis deposit

You must complete any corrections required to the satisfaction of the internal examiner or one of the externals if there were two externals at the *viva voce*. In the case of a resubmission outcome, you would have to repeat stage 3 above and stage 4 if a further oral examination was required.

Once your corrections have been approved by the examiners and the Research Degrees Programme Management Team have been notified, you will receive an email from the Research Degrees Programme Management Team detailing the next steps. You should submit the final version of your thesis (i.e. the version of thesis as approved by the examiners following the *viva voce* examination and final corrections) to the University's repository managed by the Library. The version deposited should not include signatures and indicate the licence for all third party images. The Open Research team based in the Library will check if the thesis has been deposited correctly and that the restricting access form has been duly completed and signed, if applicable. Further information on restricting access to a thesis can be found under [Thesis Submission](#) on MySurrey. The Open Research team will inform the Research Degrees Programme Management Team once your e-thesis has been successfully deposited.

Your thesis will be openly available in the University's repository once your award is conferred. The University of Surrey is a designated public authority under the Freedom of Information Act 2000. This Act gives a general right of access to all information held by the University, including theses, however, as stated above, under special circumstances you can request to restrict access to it.

14.7 Stage 7: Award

Awards are made at the end of each month and the award date will usually be the last working day of the month of the award (exceptions may occur in December and April due to holiday periods).

Due to the time it takes to check the thesis, including relevant datasets, has been uploaded correctly and to process the award details, you are advised to upload your thesis to the online repository as early in the month as possible.

- **It is unlikely that there will be time to carry out all the necessary checks if you upload your thesis later than noon on the 12th of the month** and your name will automatically be transferred to the following month's awards list if checks are not completed in time for the current month's awards.

- Please also check when you upload your e-thesis that you have no remaining tuition fee payments to make, as your award cannot be conferred until all tuition fee debt has been cleared.

You will receive an email, usually at the end of the awarding month, from the Research Degrees Programme Management Team once your award has been made and you will be asked to contact the Examinations team to either request collection or dispatch of the certificate. Your certificate and letter to confirm the award will be available to collect or will be posted, as you advise, 14 days following the date of award.

Your Surrey IT account and email address will close 90 days after the award so please remember to save any files currently in your Surrey folders that you want to keep. Please also update your personal email address via your Surrey Self Service.

14.8 Stage 8: Graduation

Invitations to attend graduation ceremonies are sent to eligible PGRs via email to their university and personal accounts. For postgraduate ceremonies in April 2026, emails will be sent in December 2025. If you are awarded your degree in January or February 2026, you will be contacted by the [ceremonies team](#) soon after your award date. February is the cut-off month for the April graduation ceremony. PGRs whose awards are made in March 2026 and beyond will be invited to the April 2027 ceremony. Further details can be found at [Graduation | University of Surrey](#).

15. Other sources of advice and support

As well as your main sources of support mentioned throughout this document - your Supervisors, the Research Degrees Programme Management Team and Researcher Development and Employability team - there are several other services within the University that offer support and guidance to PGRs. Some of the key services are listed below with links to their webpages where you will find some helpful information on how to access and use the services on offer.

15.1 The University Library

The Library, located at the heart of the Stag Hill campus and easily recognisable by its gold and glass exterior, is home to an extensive range of information resources including printed volumes, multi-media and audio-visual items, and to the University's Archives and Special Collections. In addition, available via the [library website](#), researchers have access to significant online collections including a growing collection

e-books, journal articles, digital archives of primary resources and hundreds of subject specialist databases.

The Library is open from 08:00-midnight Monday to Sunday and 24 hours during the main University revision and exam periods. This building is well equipped with over 400 PCs and docking stations, loanable laptops and is wirelessly enabled throughout. The Library provides a varied study environment with 1,600 study spaces which include group and silent study areas, bookable group study rooms, and self-service printing, scanning and copying. Specifically, for the University's PGR community, Level 5 of the Library provides a designated Researcher Zone, comprising training facilities, formal and informal meeting spaces and a silent study area. Level 5 is also home to the Doctoral College which includes the Research Degrees Programme Management team (RDPM) the Researcher Development and Employability team and the PGR Lifecycle Systems team

Library and Learning Services provide a [welcome video](#) for all new students and a series of video "How to" guides on various aspects of using library services.

Library and Learning Services also provides specialist support on the information seeking and publications activity of researchers. Your [Faculty Librarian](#) can provide you with one to one support in your discipline area with in-depth help in effectively searching for information for general research, systematic and scoping reviews, reference management software and analysing your results to identify impact and trends. The Open Research team offers specialist support to help you manage, publish, and disseminate your research publications and data as well as assess your research performance using responsible metrics (the team are available at openresearch@surrey.ac.uk). Further information including contact details for your Faculty Librarian are available on the [Library Research Hub](#).

15.2 The Postgraduate Society

Postgrad Society is a student-led society for all research and taught postgraduate students which works to build an active, supportive, and inclusive postgrad community. The Society works closely with the Students' Union and University to ensure PGRs representation and the availability of both academic and pastoral support. With our social events, we aim to provide something for everyone, from quiz nights to Roller Discos or picnics, plus we're always open to new ideas!

Examples of past events include:

- BBQs
- Brewery tours
- Ice skating

- Film evenings

Throughout the year, we also coordinate opportunities for PGRs to help shape their experience, which we advertise across the University. For more information, get in touch at ussu.pgs@surrey.ac.uk or find us on Facebook ([/SurreyPostgrads](#)), Twitter ([@SurreyPostgrads](#)). The society is open to all but to join our mailing list, please register through the Union website at [Clubs and Societies – University of Surrey Students' Union \(ussu.co.uk\)](#).

15.3 The Students' Union

The University of Surrey Students' Union (USSU) is an independent charity that supports and represents the views of all students across the University. The Union is run by five, full-time elected Sabbatical Officers ('Sabbs'), who lead four Zones – Activity, Community, Support and Voice – with the support of Union staff and part-time Officers. The Union offers impartial, independent academic advice for all students, and represents PGRs at the highest levels within both the Doctoral College and throughout the University.

Alongside over 160 Students' Union societies and sports clubs (including the Postgrad Society), the Union runs a 'Get Involved' programme which you can collect from the Students' Union building or keep track of events via the Facebook page. Activities include everything from trips to iconic British towns and cities, to more adventurous European travel at discounted rates and smaller one-off activities such as mocktail making, pizza nights and an open-air cinema.

The Students' Union works in partnership with the University to run the Course Rep system, and every doctoral programme has a PGR Representative who is elected to represent the views of others on the course. PGR Reps also have the opportunity to participate in the validation process to approve new programmes or review existing ones, which is great experience for PGRs interested in a career in HE.

For PGRs keen to get involved with the local community, the Students' Union advertises a range of volunteering opportunities at www.surreyvolunteering.com. PGRs can also become Community Reps, who work to enhance the local community and increase PGR involvement at resident meetings and other events.

Useful contacts:

- General information: <https://ussu.co.uk/>
- Enquiries: ussu.information@surrey.ac.uk
- Academic advice: ussu.advice@surrey.ac.uk

- Course Rep Coordinator: saffron.cutts@surrey.ac.uk

15.4 Disability and Neuroinclusion

The D&N team provides confidential advice and assistance to PGRs across a range of support, including but not exclusively, implementing reasonable adjustments, advising on access to external funded support via the Disabled Students Allowance or equivalent, and guidance in exploring a diagnosis of a Specific Learning Difference, ADHD or Autism. To contact D&N please use this link: <https://support.surrey.ac.uk/>. For adaptations to study space, PGRs should contact their supervisor so that an Occupational Health assessment can be carried out.

Further details can be found here: <https://www.surrey.ac.uk/disability-neurodiversity/services-and-support>

15.5 MySurrey Hive

MySurrey Hive (Stag Hill and Manor Park campus) is a central point for queries related to your PGR life including: Finance, Accommodation – on and off-campus support, Transport and Visa enquiries.

Further details can be found here: <https://my.surrey.ac.uk/hive>

15.6 Health and Wellbeing

The University prides itself on the range and quality of its services to support all aspects of your health, wellbeing and personal development. The Health Centre, Student Wellbeing Services and Chaplaincy service are here to help you.

Support Services include:-

- **Centre for Wellbeing** a free, confidential counselling service that all students can access during their time studying at the University of Surrey. The service is made up of a team of highly trained counsellors, mental health practitioners and an eating disorder therapist who support students with a wide range of diagnoses and presenting issues. If you wish to access the Centre for Wellbeing, you can complete a registration form [here](#). Once you have completed a registration form, you will be sent a link to book an appointment at a time that suits you. Appointments are offered face to face at the Centre for Wellbeing on Stag Hill Campus, or remotely via Teams, telephone, or email. The Centre for Wellbeing is open Monday-Friday 8am-5pm.
- **Disability and Neuroinclusion** a free, service for students with a diagnosed disability, specific learning difficulty or neurodivergent diagnosis to support with practical adjustments around exams, mentoring, Disabled Students Allowance advice, and more. To contact the D&N team, you can send them a ticket using Surrey Support.

- **ThriveWell Wellbeing Advisors** - ThriveWell are a team of Student Wellbeing Advisors, who strive to create a thriving and inclusive environment where every student can flourish academically, personally and socially. The ThriveWell team offers one-on-one support, workshops and outreach activities with the goal to empower students to develop coping strategies, build resilience and access appropriate support services. To learn more about ThriveWell and book an appointment, [click here](#)
- **Health Assured Student Assistance Programme (SAP)** - A free, 24/7, 365 days a year counselling phoneline that students can contact for emotional support. Call them on 0800 0283766.
- **Student Health Centre** - an NHS GP practice located on Stag Hill Campus, making it easy for all students to access healthcare whilst they are studying. We encourage students residing on campus or in the local community to register with a local GP practice to ensure that when you need medical attention, you can do so in a timely manner. To register at Guildowns Student Health Centre, [click here](#)
- **Togetherall**, a free, anonymous, and non-judgmental online environment supporting your mental health and wellbeing. The service provides 24/7 online peer and professional support, with trained counsellors.
- **Wisdom Wellbeing App** - An app free to all students to promote wellbeing, positive mental health and healthy lifestyles. Within the app you can find breathing and mindfulness exercises, podcasts, webinars, healthy lifestyle advice and an interactive daily mood tracker. Download the app for free and use code **MHA268152** to get started.
- **Report + Support**, You can use the University's online Report + Support tool to log an incident (see the above link for a list of incidents). You can report named or anonymously for a range of incidents including – bullying, harassment, sexual misconduct, hate crime, physical assault, discrimination, mental health and wellbeing, relationship abuse, stalking and issues relating to substance use or addiction. We will investigate everything that is reported and work with you to ensure that appropriate investigations and actions are taken.
- **24/7 Campus Safety team:** Our dedicated Campus Safety team is available around the clock, every day of the year, including weekends, bank holidays, and University closures. We ensure a safe environment across all residential and campus areas. You can contact them on 01483 682002 OR 01483 683333 in an emergency.

Further details can be found here: <https://www.surrey.ac.uk/student-support/health-and-wellbeing>

16. Making an appeal or complaint

If you wish to make an appeal against a decision or a complaint about your learning opportunities you should refer to the [OSCAR webpages](#) which provide information on the procedure and where to find help and support.

Where a PGR has an issue it is important to try and resolve this at a local level with the supervisors, the PGDR or the Associate Dean for an early resolution. Please refer to the [Code of Practice for research degrees](#) which sets out the process for local resolution of issues. If you need further advice, contact the Doctoral College Research Degrees Programme Management Team.

Appendix 1: Student Policies and Regulations

The latest versions of Student Policies and Regulations are available [here](#).

Appendix 2: Dual Degree programmes

Currently the university has the following active dual degree programmes operating within faculties.

- Milan Bicocca (UniMiB)
- University of Wollongong
- Hong Kong Polytechnic University (HKPU)
- Nankai University
- Beijing Institute of Technology (BIT)
- University of Sao Paulo (UOP)

PGRs on a dual degree programme will each have an Individual Training Agreement (ITA) which details their location for each year of study as well as supervisory arrangements and contact information. It is very helpful if the Research Degrees Programme Management Team has a copy of each PGR's ITA so that they can provide the appropriate support at each stage of the research programme.

For any queries, please contact your Research Degrees Programme Management Team for bespoke arrangements for Confirmation, Exam Panel appointments and the *viva voce* process.

Appendix 3: PGR Lifecycle Diagram

From Application to Award: The PGR Lifecycle

